Easy Enrichment for Shelter Dogs

Quiet Time

**Supplies**
1. Quiet room
2. +/- Soft Bedding
3. +/- Volunteer
4. +/- Bone
5. +/- Crate

1. Locate a quiet room. Disinfectable areas are preferred, but using bedding that can be washed may help to minimize cross-contamination.

2. Set up a comfortable area for the dog to relax for a little while.

3. Find a volunteer to pet the dog and relax with him. If no volunteer is available, the dog could be placed in an office where someone is working.

4. Provide the dog with a bone—especially if there is no volunteer available to spend time with him.

5. For dogs who are comfortable in crates, these may also be used in quiet areas of the shelter to help dogs get a break from the kennel environment.